

YCL Packing List

- Bring your own bag lunch and filled water bottle in a small backpack for the hike Monday morning!*

Clothes:

- long pants (2 pair)
- capri pants/long shorts (2)
- t-shirts (3)
- underwear (5)
- bra (2)
- socks (6)
- sweatshirt/jacket (1+)
- rain jacket/poncho
- PJ's
- swimsuit (one-piece/modest tankini)
- t-shirt & shorts (to wear over swimsuit when going down to the waterfront)
- sneakers (no open-toe shoes)
- water shoes (this is a must)

Personal items:

- soap/body wash
- deodorant
- shampoo
- toothpaste/toothbrush
- swim towel
- bath towels (2)
- washcloths (2)
- hairbrush/comb/hairbands
- hat/bandana
- chap-stick
- sunscreen insect repellent
- scriptures
- journal, pencils, pens

Basic camp items:

- all prescription medication
- all over-the-counter medication
- bedding (sleeping bag or sheets & blankets)
- pillow
- mess kit + utensils
- refillable water bottle
- camp manual
- flashlight
- large plastic bag
- sitting mat for Solo Time
- all materials needed for teaching certification, devotionals, games, rainy days, etc.

Optional:

- camera (not a cell phone camera)
- extra blankets
- shower shoes
- wrist watch

"Young women should avoid short shorts and short skirts, shirts that do not cover the stomach, and clothing that does not cover the shoulders or is low-cut in the front or the back." (*For the Strength of Youth*)

• DO NOT BRING:

Any electronics such as cell phones, ipods, MP3 players, CD players, etc.