

4th Year Camper Packing List

Bring your own bag lunch and filled water bottle in a small backpack for the hike Monday morning!

Food:

Please have room in your pack after the hike to carry your share of food for the 3 days we will be offsite.

Clothes:

- long pants (1 pair)
- capri pants/long shorts (1-2)
- t-shirts (2)
- underwear (5)
- bra (2)
- socks (4)
- sweatshirt/jacket
- rain jacket/poncho
- PJ's
- swimsuit (one-piece/modest tankini)
- t-shirt & shorts (to wear over swimsuit when going down to the waterfront)*
- sneakers (no open-toe shoes)
- water shoes (this is a must)*

Personal items:

- soap/body wash*
- deodorant
- shampoo (you will shower Thursday)*
- toothpaste/toothbrush
- towel*
- washcloth
- hairbrush/comb/hairbands
- hat/bandana
- chap-stick
- sunscreen insect repellent
- scriptures
- journal, pencils, pens

Basic camp items:

- all prescription medication
- all over-the-counter medication

- bedding (sleeping bag)
- mess kit + utensils
- refillable water bottle
- camp manual
- flashlight
- large plastic bag
- sitting mat for Solo Time
- pocket knife
- 2-man tent to share w/ partner
- pack for backpacking (ALL your items must fit in here!)

Optional:

- camera (not a cell phone camera)
- extra blankets
- wrist watch
- hammock

*These items should go into a small backpack for Thursday when we go back to Seneca Lake Camp

"Young women should avoid short shorts and short skirts, shirts that do not cover the stomach, and clothing that does not cover the shoulders or is low-cut in the front or the back."
(For the Strength of Youth)

Any electronics such as cell phones, ipods, MP3 players, CD players, etc.